Carmarthen u3a Caerfyrddin

News Sheet – November 2024

- A shortened news sheet this month as I'm not around to write the full newsletter.

- Recently Peter sent out an email stating the position of our u3a. "In the absence of new committee members we will be heading towards the demise of the u3a." This isn't an idle threat. Please take this seriously.

- I for one have come to a natural end of two terms i.e. 6 years on the committee. It's time my roles were carved up and fresh eyes make them their own. It has been fun, honestly, and I've made many new friends as a result. As I've stated many times, many hands make light work, could they be your hands? Most of what I do is not a committee role.

- We all agree that Kate finds really interesting speakers and the Monthly Meetings are at the centre of our u3a and we are all very thankful to her. The speaker at the November Monthly Meeting is Elinor Goldsmith from The Fire and Rescue Service speaking on Home Safety. However, sadly Kate is stepping down from her role at Speaker's Secretary at the AGM. This is another exciting opportunity for someone to initially work alongside Kate, to learn the ropes, and then take over. This also isn't necessarily a committee role.

- Juliet has also decided to step down from the committee for personal reasons. She will continue to be our Meeter and Greeter for which as we all know she is a natural. She makes all comers feel so welcome.

- Following on from Peter's message and the above, an additional Members Meeting has been arranged for 10:00 am Thursday 21st November at the Bowling Club to which all members are invited. The meeting will cover not only what it means to be a committee member but more broadly what help outside of committee work would be helpful and also offer an introduction to the u3a for newer members.

- Don't forget the u3a Art Group's exhibition between the afternoon of Wednesday 23rd October and Saturday 26th October in Cartref Cynnes. Thank you to Chris and all the members of this group for all their hard work. So please go along and support them.

- Thank you to Peter for organising another new group. He has resurrected the film group originally run by Marie. The first meeting will be Wednesday 6th November at 2:00 p.m. in partnership with the library. Film to be confirmed and Peter would like someone to lead this group in the future.

- Tuesday, 26th November at 2:00 pm in the Library Peter has arranged for Nigel McCall to give a photographic presentation called 'Aberglasney Gardens – a calendar year'.

- The numbers are now coming in quickly for our Christmas Lunch at Hollol Gymraeg on Thursday 5th December. We meet from 12: 00 for the meal to be served at 12:30.
  Payment will be either £24.50 for 2 courses or £29.50 for 3 courses to be paid by Saturday 16th November and include your choices.
  You can pay online to Carmarthen u3a, account number 01231223, sort code 30-91-68. If you do choose to pay online please let me know your menu choices before the 16th.
  Alternatively payment can be by cash or cheque in a sealed envelope along with your menu choice and brought to the October monthly meeting.
  The balance of finding an affordable menu and a suitable venue has not been easy but it has been heart warming to see members coming forward offering lifts to other members.

- The next History group presentation will be from Laura Lumsden of Sero, Carmarthen repair centre on Wednesday 20th November. Topic to be confirmed.

- The digital group will be Tuesday 19th November at 1:30 p.m. at the Learning Centre. The topic is 'Paying for things using your phone - Google pay, Apple pay etc'. Please note there will be no second session.

- The Sunday Lunch will be at The Hollybrook Inn, Bronwydd on Sunday 10th November. Please contact Fred to book your place.

- The next Discussion group will be tackling the tricky subject of Equality, Diversity & Inclusion. This is on Wednesday, 13th November.

- November Book Club will be discussing 'Hamnet' by Maggie O'Farrell as chosen by Eleanor.

- The Twiddle Muffs will be collected by Susan Smith from the local Dementia Society and will be collected at the next Knitting and Nattering Group as Susan wishes to thank everyone in person for their contributions.

- The Coffi a Chlonc venue has moved from the Ivy Bush to Yr Egin.

- Christmas Wreath making is 26th November at the Bowling Club at 9:30. This group is now full.

- The November Tea Rota will be The Charabanc. As this is only me, please be patient for your tea!!

- Without a traditional newsletter this news sheet has proved tricky to write so please check the dates with the group leaders in case of any unintentional errors in the schedule.

- Normal Newsletter will resume next month.

- **To conclude Carmarthen u3a definitely need your help to continue.**
  (This can be either on or off the committee)

Who's who on the committee.

Peter Loughran	Chair	chair@carmarthenu3a.org.uk
Vacant	Vice-chair	
Phillippa Verity Davies	Secretary	secretary@carmarthenu3a.org.uk
Eric Kitchen	Treasurer	treasurer@carmarthenu3a.org.uk
Eric Kitchen	Membership	membership@carmarthenu3a.org.uk
Peter Loughran & Phillippa Verity Davies	Web Editors	webmaster@carmarthenu3a.org.uk
Vacant	Network Rep	
Ann Kitchen	Newsletter Editor	editor@carmarthenu3a.org.uk
Ann Kitchen	Group Coordinator	ann@carmarthenu3a.org.uk
Ann Kitchen	Event Coordinator	ann@carmarthenu3a.org.uk
Ann Tyson	Committee Member	
Anne Priest	Minute Secretary	
Kate Waldron	Speaker Secretary	speaker@carmarthenu3a.org.uk

November 2024 Group Activities

4th	10:30	Monday	Coffee Morning	Ivy Bush	chris@carmarthenu3a.org.uk
4th	14:00	Monday	World Faiths	The Mount (CAVS)	andrew@carmarthenu3a.org.uk
5th	10:00	Tuesday	The Park Walkers	Velodrome	pat@carmarthenu3a.org.uk
6th	09:30	Wednesday	Art	Cartref Cynnes	chris@carmarthenu3a.org.uk
6th	14:00	Wednesday	Film Group	Library	peter@carmarthenu3a.org.uk
7th	14:00	Thursday	Literature	Ivy Bush	pthacker@carmarthenu3a.org.uk
8th	14:00	Friday	Scrabble	Library	angela@carmarthenu3a.org.uk
10th	12:15	Sunday	Sunday Lunch	The Hollybrook	fred@carmarthenu3a.org.uk
11th	14:00	Monday	Knitting & Nattering	Ivy Bush	ann@carmarthenu3a.org.uk
12th	10:00	Tuesday	The Park Walkers	Velodrome	pat@carmarthenu3a.org.uk
12th	14:00	Tuesday	Poetry	Yr Atom	pat@carmarthenu3a.org.uk
13th	10:30	Wednesday	Backgammon	Library	kate@carmarthenu3a.org.uk
13th	14:30	Wednesday	Discussion	The Mount, Queen St	robin@carmarthenu3a.org.uk
14th	13:45	Thursday	Short Mat Bowls	Bancyfelin Hall	eric@carmarthenu3a.org.uk
18th	10:00	Monday	10 Pin Bowling	Xcel Bowling	ann@carmarthenu3a.org.uk
18th	14:00	Monday	Book Club	Ivy Bush	ann@carmarthenu3a.org.uk
19th	10:00	Tuesday	The Park Walkers	Velodrome	pat@carmarthenu3a.org.uk
19th	13:30	Tuesday	Digital	Learning Centre	ruth@carmarthenu3a.org.uk
20th	09:30	Wednesday	Art	Cartref Cynnes	chris@carmarthenu3a.org.uk
20th	14:00	Wednesday	History	Bowling Club	peter@carmarthenu3a.org.uk
21st	10:00	Thursday	Members Meeting	Bowling Club	peter@carmarthenu3a.org.uk
21st	15:00	Thursday	Coffi a Chlonc	Yr Egin	peter@carmarthenu3a.org.uk
25th	10:00	Monday	Committee	Ivy Bush	secretary@carmarthenu3a.org.uk
26th	09:30	Tuesday	Christmas Wreaths	Bowling Club	ann@carmarthenu3a.org.uk
26th	10:00	Tuesday	The Park Walkers	Velodrome	pat@carmarthenu3a.org.uk
26th	14:00	Tuesday	Aberglasney Photos	Library	peter@carmarthenu3a.org.uk
28th	14:00	Thursday	Monthly Meeting	Bowling Club	peter@carmarthenu3a.org.uk