
NEWSLETTER NOVEMBER 2018

Chairman's Message - Andrew Padfield

It is the chairman's privilege to welcome new members to our U3A. At the last meeting 4 new members joined us: Jenny Hare, Diane Davie, Pamela Griffith and Ann Lewis. Unfortunately, I omitted to welcome them at our last monthly meeting, so I can now do so formally. If any member knows someone who they think might be interested in joining please invite them to a monthly meeting and/or to a group meeting. I am sure they would receive a warm welcome.

The Coffee Morning earlier this month was, as usual, very enjoyable and it was good to see so many of you. Thanks are due to Marie for organising it and to Mike for organising the quiz. Thank you also to all who helped in any way. To misquote a famous line, "They also serve who only stand and wash the dishes". Whilst on the subject of social events, may I remind you that if you are coming to the Christmas lunch on 13th December you need to let Marie know your menu choice and pay the £20 00 cost so that she can then inform The Falcon.

Every month our secretary, Hazel, receives requests from charities asking if they could come to speak at the monthly meeting. Unfortunately, the number of requests makes acceding to each request impossible. The committee has therefore decided that invitations will only be issued to local charities and/or those whose aims might be of a general interest. However, should any group, e.g. Discussion or Current Affairs, wish to invite a charity to their meeting Hazel can probably supply a contact number for that charity.

Last month Carmarthen U3A had a stand at the 50+ Forum event at the National Botanic Gardens. The day was successful in view of the number of inquiries and it has been

decided that we should go next year. However, the day also showed that more volunteers will be needed. Please consider if you wish to help.

Lastly, every U3A household receives "Third Age Matters" free of charge. I usually find several items of interest in it but not everyone else does so. Although it is free to members, U3As must pay the cost including postage to National Office. If you no longer wish to receive the magazine please would you tell Sandra, our treasurer, so that no over payment is made.

Speaker - 25th October

"The Roaring Twenties"

Dave Dando

Newsletter - Hazel Drew

Caralinda Jefferies has very kindly offered to take over the editorship of our monthly newsletter. In future will you please send any copy to her caralindajefferies@gmail.com to reach her by two weeks before the main monthly meeting (i.e. for the December/January newsletter, by Thursday 15th November). Thank you.

Walking Group - Eric and Jenny Anscombe

On Tuesday the 25th of September the U3A walking group travelled to Oxwich to continue the Gower Coast Path, the weather was warm with clear views across to the Devon coast in the far distance. The plan was to catch a bus back to Port Eynon and take the coast path to return to Oxwich, but the scheduled bus did not put in an appearance although on the time table, and two weeks previously, it had run on time. Eventually we gave up the wait, looked

at the map and made up a walk commencing along the beautiful beach at Oxwich Burrows, crossing over the river bridge and entering Nicholaston Woods on good paths to reach Nicholaston Farm, where we did an about turn and took different tracks through the woods, and then into the Oxwich Nature Reserve which wanders through the sand dunes of Oxwich Burrows. At the end of the walk most of the group had light refreshments at the Oxwich Café.

The next walk will be on Tuesday the 27th November and will be in the Pontardawe area. This walk will be led by Angela Pennell. Please meet at Morrisons' car park at 9.15 a.m. or at Tesco's car park Pontardawe at 10.30 a.m. (park at the top end of the car park nearest the garage). For further details contact Angela.

A date for your diary

Llandrindod and District U3A will be holding a Keynote Speaker Day on 1st May 2019, from 11.am to 4.00 pm, at the Pavilion, Llandrindod Wells (coffee and lunch to be included).

Speakers: Iolo Williams

Steve Hughson (CEO Royal Welsh)

Performances: Willow Globe Theatre
Ukulele Band

This promises to be an interesting day. Full details, cost etc, will be publicised as soon as details are known.

Welsh - Mike Perry

If Angharad is back at work, the group will meet at Yr Atom on Tuesday 13th November at 10.00 am.

<u>Monthly Meeting Tea Rota</u>	
November	Scrabble
January	Poetry
Reading	
February	Garden Visits

MONTHLY MEETING

**Thursday 25th November 1.15 for
2.00 pm**

at St Peter's Bowling Club

"Carmarthen Night Light"

Reverend Coralie Steel

Discussion Group - Ray Garner

Our October discussion topic was, "What is needed for full social and cultural participation in society?" We opened by attempting to establish a base line of the basic necessities for an acceptably comfortable level of living. When that was agreed upon we explored the subject in greater depth. As always in our group we allowed ourselves to ramble off and around the subject and we allowed ourselves time to exchange a few amusing anecdotes. A good discussion/conversation concluded that intelligent conversation, perhaps provoked by television or the internet, within a good group of friends was an excellent start. Other requirements included access to transport and a reasonable surplus of cash to enable one to mix socially without any worry or anxiety about the cost. Socialising was seen as very important and could be helped by joining a

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for the next newsletter
by Thursday 15th November
preferably via e-mail
caralindajefferies@gmail.com
(but clear handwriting will do)**

club or similar organisation. Stimulation of the brain was also a key requirement. It didn't matter too much how it is derived, reading and learning were considered a good way.

Our next meeting will be on Wednesday the 14th November when our topic will be, "What has happened to humour?" Why do some of the comedies of years gone by no longer

seem amusing? Do we lose our sense of humour as we age?

see what our group is all about or join in the discussion.

All members of the Carmarthen U3A who wish to attend will be made to feel very welcome whether you just wish to sit in and

CARMARTHEN U3A PROGRAMME - NOVEMBER 2018

Date	Venue	Activity	Facilitator
Thurs 1 st 2.00 pm	Myrddin Crescent	Literature	Pat Thacker
Fri 2 nd 2.00 pm	St. John's Court	Scrabble	Judy Taylor
Tues 6 th 2.00 pm	Cwmffrwd	Creative Writing	Mhari Dobson
Mon 12 th 2.30 pm	Mind Centre	Art Appreciation	Marie Geary
Tues 13 th 10.00 am	Yr Atom, King Street Carmarthen	Welsh	Mike Perry
Tues 13 th 2.00 pm	Coronation Road	Jazz	Terry Cook
Wed 14 th 10.00 am	Cartref Cynnes Craft Room	Art	Chris Driver
Wed 14 th 1.15 pm	Hanover Court	Discussion	Ray Garner
Thurs 15 th 2.00 pm	Pibwrlwyd	Philosophy	Charles Griffin
Sun 18 th	The White Mill	Sunday Lunch	Shirley Collins
Mon 19 th 2.00 pm	Hanover Court	Current Affairs	Chris Driver
Tues 20 th 2.00 pm	Hanover Court	Poetry Reading	Terry Cook
Wed 21 st 2.00 pm	Library	History	Mike Perry
Sun 25 th 2.00 pm	Devereaux Drive SA31 1SF	Music Appreciation	Betty Marshall
Tues 27 th 10.00 am	Pibwrlwyd	Committee Meeting	Hazel Drew
Tues 27 th 10.30 am	Tesco's car park Pontardawe (Morrisons at 9.15 am)	Walking	Angela Pennell
Wed 28 th 10.00 am	Cartref Cynnes Craft Room	Art	Chris Driver
Thurs 29 th 2.00 pm	St Peter's Bowling Club (tea/coffee 1.15 pm)	Monthly Meeting	Hazel Drew

COMMITTEE

Chair -	-	Andrew Padfield (01267 230723)
Secretary	-	Hazel Drew (01267 234773)
Membership Secretary		Sandra Steel (01267 223019)